

Creativity Prompt

Active Listening

Description

This activity is a creative, perhaps new way, to actively listen to your favorite music. To dissect and remind yourself of what characteristics are involved in the music you enjoy.

Time to Complete

5 Minutes

Materials

Paper and a writing instrument (pen/pencil/marker, etc.)

Instructions

What music do you like to listen to? What music do you want to listen to right now? Pick one of your favorite songs.

Listen to that song once; while listening, reflect on and write down the following characteristics:

Three words that describe this song.

List everything you hear within the song.

List the instruments you hear within the song.

What do you hear that you like? What instruments did you hear that stuck out to you? (Ex. I like the guitar, especially when it gets louder in the second iteration of the chorus. The vocals stuck out to me, I really love Tina Turner's voice.)

What other music do you like that differs from the music you choose to listen to today? How exactly is it different or similar?

Sharing Suggestions

If you enjoyed this activity reach out and share it with a friend, personally, or on social media. Comment on this activity's Facebook post or tag @OperaOmaha in an Instagram Story with #hcofcreativityprompts.