

Creativity Prompt

ACROSTIC NAME POETRY

Description

This activity is a creative way to express yourself through language and poetry, while uniquely utilizing your name and portraying who you are.

Goal

To discover the artistry in your own name by writing a positive, inspiring poem using the letters in your name, about YOU.

Time to Complete

5-10 Minutes

Number of Participants

You can do this activity by yourself

Materials

Paper and a writing instrument (pen/pencil/marker, etc.)

Instructions

Write your name on a piece of paper vertically (top to bottom), one letter per line.

Considering each letter in your name, think of an adjective describing who you are that starts with the same letters in your name.

List these adjectives alongside the letters of your name! [See example below, KATE]

Kaleidoscopic
Active
Thinker
Energetic

Share your poem with someone and share did your adjectives make you think of yourself in a new way? Were certain letters easier or harder to think of an adjective?

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Optional Add On

If you have more to say, create a phrase with each letter in your name! How can you connect each phrase together to string them into a poem, paragraph, or short story? [See example below, KATE]

Keeping ice cream in the fridge

Always need it on a rainy day

To fill my soul

Especially when I'm in my pajamas

Want to try more? Try this activity with any name; a loved one, a pet, a favorite fictional character, etc.

Sharing Suggestions

Share your poem with us in the comments on Facebook, or via a tagged Instagram story.